

Parental Consent & Liability Waiver

(Read carefully and sign below)

In consideration of my entry being accepted, I hereby waive and release any and all rights and claims for damages I may have against the City of Boston, Boston Centers for Youth & Families, Reggie Lewis Track & Athletic Center, and any and all other individuals or organizations associated with this meet, for any and all damages or injuries suffered by the participant during the "All Girls Sports Festival". I attest that the applicant is physically fit and sufficiently in condition for safe participation in this program.

I understand if my child signs up for one of the "Walk-Abouts" field trips she will be leaving the festival premises.

I give consent for my child to be administered first aid and to be treated by an emergency medical technician-paramedic, nurse or physician. Any follow up medical attention may be given at a local hospital and transportation to a Boston hospital is authorized. I hereby give consent for my child to be interviewed or photographed by the media. I understand there is no transportation provided and it is my responsibility to drop off my child before her session and to pick her up after her session.

Please list if your child has asthma, allergies or any illness or takes medication.

Parent/Guardian Signature (required)

Date: _____ / _____ / 2004

Participant Signature

Sports Competitions

Basketball and soccer teams call for rosters.

Basketball: 617-635-4920 x2204

Double Dutch: 617-635-4920 x2218

Soccer: 617-635-4920 x2227

Swimming: 617-635-4920 x2150

Tennis: 617-635-4920 x2136

Track: 617-635-4920 x2136

Volleyball: 617-635-4920 x2218

All other questions: 617-635-4920 x2204

* Clinics will offer an introduction to sports fundamentals

Participation Guidelines

- * All girls must be Boston residents between the ages of 9 –16
- * Attending the Opening Ceremony on Tuesday, April 20th is expected
- * Parents/guardians must sign consent form
- * We recommend loose fitting clothing and sneakers for aerobic workout, clinics and competitions.
- * Respectful attitude towards peers and staff

***Special note: Lunch will be provided Tuesday only. Participants are requested to bring a lunch Wednesday, Thursday, and Friday, as only a snack will be offered those days.*

Contact Information

Boston Centers for Youth & Families
1483 Tremont Street
Boston, MA 02120
(617) 635-4920 x2204

www.bostonyouthzone.com
www.cityofboston.gov/bcyf



3rd Annual



April 20-23, 2004

(Application Deadline: April 9)

Reggie Lewis Track & Athletic Center
at Roxbury Community College
1350 Columbus Avenue, Roxbury

Madison Park Community Center
55 New Dudley Street, Roxbury

Thomas M. Menino, Mayor
Juanita B. Wade, Executive Director

A Letter from the Recreation Director

Welcome,

We are extremely happy to present the 3rd Annual "All Girls Sports Festival". Our hope is to provide girls and young women the opportunity and forum to exercise their minds, bodies and spirits. There are lifelong benefits of participating in sports and fitness programs. We wish all of the participants well and hope that they continue to engage in lifestyle choices that promote their health and personal development.

Bill Raynor
Director of Recreation
Boston Centers for Youth & Families

The "All Girls Sports Festival" was created to enhance sports and fitness opportunities for young women and girls. Our goal is to bring together girls and young women in an atmosphere of exploration and challenge while providing the resources to make healthy choices in their personal development.

Special thanks to our sponsors:

BlueCross BlueShield
The Schott Foundation
Boston Police Athletic League
Stop & Shop Supermarket Companies, Inc.
Reebok International, Ltd.
The Patriots' Trail Girl Scout Council

Sample Schedule of the week

Day 1, Tuesday, April 20

8:00 - 9:00	Check-in
9:00 - 9:10	Welcome
9:10 - 9:20	Group breakout
9:30 - 10:25	Wellness Session 1
10:30 - 11:25	Wellness Session 2
11:30 - 12:30	Snacks
12:30 - 2:30	Fitness Activities
2:30 - 3:30	Academic Bowl
4:00 - 4:30	Dismissal

Days 2, 3, 4

8:00 - 9:00	Check-in
9:15 - 12:15	Sports Clinics
12:30 - 1:15	Snack
1:30 - 4:30	Optional Competitions or Girl Scouts Field Trip
4:30 - 5:00	Dismissal

Wellness Workshops

As a component of the All Girls Sports Festival, we will be providing workshops focused on protecting health and avoiding risky behavior in areas such as HIV/AIDS and Substance Abuse prevention.

Academic Bowl

This light contest of quickness and wit will square off athletes in age appropriate subjects like music, sports, and math. Only 18 slots available within the following three age groups: Group1: 9-11, Group2: 12-13, Group3: 14-16

Get your application in early to reserve a spot!

Jump Up and Go Walk-Abouts:

These activities are designed and led by the girl scouts to bring girls out of doors and get them walking. They include tours at locations listed on registration form.

(Transportation will be provided.)

Cut along dotted line and mail to:

All Girls Sports Festival
Recreation, Sports & Fitness,
Boston Centers for Youth & Families
1483 Tremont St., Boston, MA 02120

Please type or print clearly.

Incomplete forms will not be processed.

Name: _____

Address: _____

Town: _____ Zip Code: _____

Parent/Guardian (Daytime)

Emergency Phone: _____

Birth Date: _____ / _____ / _____

Age as of April 20th: _____

I. Academic Bowl

☐ Yes ☐ No

II. Clinics

Check selections (✓)

<input type="checkbox"/> Double Dutch	<input type="checkbox"/> Soccer
<input type="checkbox"/> Swimming	<input type="checkbox"/> Tennis
<input type="checkbox"/> Track	<input type="checkbox"/> Volleyball
<input type="checkbox"/> Basketball	

III. Competitions

Check one or two selections (✓)

<input type="checkbox"/> Double Dutch	<input type="checkbox"/> Swimming
<input type="checkbox"/> Track & Field	<input type="checkbox"/> Soccer
<input type="checkbox"/> Tennis	

IV. Jump Up and Go Walk-Abouts

Check one (✓)

<input type="checkbox"/> Blue Hills Trailside, Milton (Wednesday)
<input type="checkbox"/> Freedom Trail, Boston (Thursday)
<input type="checkbox"/> Camp Cedar Hill, Waltham (Friday)